

BUTTER MILK

Four Easy Substitutes

1. Lemon Juice or Vinegar

1 tablespoon lemon juice
or white vinegar
scant 1 cup milk

2. Sour Cream

$\frac{3}{4}$ cup sour cream
 $\frac{1}{4}$ cup milk or water

3. Yogurt

$\frac{3}{4}$ cup plain yogurt
 $\frac{1}{4}$ cup milk or water

4. Cream of Tartar

$1\frac{3}{4}$ teaspoon cream
of tartar
1 cup milk

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